## Tij Vica Nottinghamshire Carers Hub

## **Rushcliffe Carers** Support Group

All Carers Welcome

Come along to our friendly support group, meet other carers, access Information, support & training

Every 1st Tuesday of the Month 13.30 - 15.30

> Church of the Holy Rood. Village Street, Edwalton, Nottingham NG12 4AB

Places are limited to 12 so booking is essential Individual water and snacks provided Masks optional / take own rubbish home Lateral flow tests recommended (Staff will have completed a lateral flow test prior to the group)

To book a place please contact:

Nottinghamshire Carers Hub:

Telephone: 0115 824 8824

Email: nottinghamshirehub@tuvida.org





Nottinghamshire County Council

