



# ARE YOU STRUGGLING TO COPE WITH A CRYING BABY?



We have designed a package to support parents like you it is called **Surviving Crying** and we are now doing a research trial in your area. This trial aims to find out if the Surviving Crying support package, used together with standard care from your Health Visitor and GP, is more effective in helping parents and carers cope with an excessively crying baby than standard care alone.

## **If you are interested in taking part in the trial:**

- ▶ **YOU MUST BE LOCATED WITHIN THE AREAS OF BASSETLAW, NEWARK & SHERWOOD, MANSFIELD & ASHFIELD OR RUSHCLIFFE**
    - ▶ **AGED 18 YEARS AND OVER**
  - ▶ **HAVE A BABY WHO CRIES EXCESSIVELY AND IS AGED 20 WEEKS OR UNDER**
  - ▶ **CONTACT YOUR HEALTH VISITOR OR GP WHO CAN REFER YOU TO THE RESEARCH TEAM**
- OR**
- ▶ **CONTACT YOUR LOCAL RESEARCH TEAM ON:  
EMAIL [researchdeliveryteam@nottshc.nhs.uk](mailto:researchdeliveryteam@nottshc.nhs.uk)**

**For more information  
please scan the QR code**

