

# Support in Doncaster

These services can help you to get the help you need

## Citizens Advice Doncaster Borough

Get free advice and support on a range of problems, such as work, debt, benefits, immigration, housing and more. We're here to help everyone who lives, works or studies in the Doncaster Borough.

01302 243057	The Hope Centre	Adwick Road,	The Bridge Centre
Civic Office	Church Road	Behind New Surgery	Bridgestreet Thorne
Waterdale	Doncaster	Mexborough	Doncaster
Doncaster	South Yorkshire	South Yorkshire	South Yorkshire
DN1 3BU	DN7 5NS	S64 0DB	DN8 5QH

citizens  
advice

Doncaster Borough

## Changing Lives

A vibrant, multi-cultural resource centre, providing a huge range of services for girls and women all under one roof. Working at grass roots levels with the most marginalised girls and women in society and we have a track record of achieving excellent outcomes and targets.

Changing Lives,  
2-5 Princes Street,  
Doncaster,  
DN1 3NJ

Open Monday to Thursday, 9.30am-3pm

**CHANGING  
LIVES**

## Be Well Doncaster

The 'Be Well Doncaster Coaches' will use motivational interviewing techniques and evidence based behaviour change tools to support residents in making positive steps to improving their health and wellbeing.

Call 07974 602 043  
Open until 4:30pm

**BE WELL  
DONCASTER**

## Talking Therapies

Provides talking therapies to adults who are experiencing common mental health problems such as depression, anxiety and stress

Doncaster also offers a long term conditions service which offers support for adults diagnosed with long term health conditions and who are experiencing symptoms of depression, anxiety and/or stress.

Call: 03000 211556



## St Leger Homes - Doncaster's social housing company.

If you are struggling with your finances, have rent arrears, are trying to manage debts or getting confused with benefits then our Tenancy Support team can help you.

St. Leger Homes of Doncaster Ltd,  
Civic Office,  
Waterdale,  
Doncaster,  
DN1 3BU

Open Monday to Friday 8am-5pm  
Call: 01302 862862



## Given freely, freely given

### St John's Church and Multibank, Balby

Gives free access to food, toiletries, clothes, bedding and small household items. Also offers a free café, Cuppa Kindness, at the same time.

No referral or voucher needed.

The Parish Church of St John The Evangelist : Balby  
312 Balby Rd,  
Doncaster  
DN4 0QF

### Opening Times:

Monday: 10am-12 noon

Tuesday: 10am-12 noon

Thursday: 10am-12 noon

Saturday: 10am-12 noon



South Yorkshire  
Integrated Care Board

healthwatch  
Doncaster