



Asepsis Policy

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Asepsis is a process that seeks to prevent or reduce micro-organisms from entering a vulnerable body site. Asepsis reduces the risk of an infection developing as a result of the procedure being undertaken.

Aseptic technique ensures that only uncontaminated equipment and fluids come into contact with susceptible body sites. It should be used during any clinical procedure that bypasses the body's natural body defences. Using the principles of asepsis minimises the spread of organisms from one person to another.

The following principles should be applied:

- Ensure the area where the procedure is to take place is as clean as possible
- Perform hand hygiene prior to and during the procedure as required
- Use sterile equipment
- Reduce contamination of the vulnerable site by using forceps and sterile gloves and by not touching sterile parts of the equipment (the non-touch technique)