

# Pain Management Cafe: Together, we support one another.

This group is for people living with Persistent Pain  
GP, Health coaches and Lived Experience Led



fortnightly on a Tuesday at Heeley Green  
Community Centre, Gleadless Road, S2 3AJ

**No need to book, just drop in:**  
1st tuesday of month 5.30-7pm  
3rd tuesday of month 1.30- 3pm

**Build meaningful connections with the community  
in a nurturing space**