



Our Activities

The Reconnect Social Group

Chat, cakes, cuppa, entertainment, help and support session.

First Wednesday of every month 10.30am – 12.30pm

Singing Together

A fun opportunity to sing songs and help improve wellbeing!

Held at Montague House Care Home (Next To C-Op), Keeling Lane, Brampton, PE28 4BS

Doors open at 6.00pm. Singing 6.15pm – 7.15pm.

Refreshments and snacks provided!

Usually, the first Tuesday of the month but please contact for exact dates.

The Thursday Club

Provides professional care in a safe and friendly environment to enable carers a day of respite.

Third Thursday of every month 9.30am – 3.30pm

Love to Move

Sociable, supportive session with seated movement to music and time for a cuppa!

Every Wednesday morning 10.30am – 12.15pm
(Except first of the month)

Most of our activities take place at
Brampton Memorial Centre,
Thrapston Road, Brampton PE28 4TB
(Free and plentiful parking available)

To find out more information call Jane on
07890 866389 or email hello@bramptondementia.co.uk



Find us on Facebook
BramptonDementiaFriendlyCommunity