


Brampton “Thursday Club” - a day of professional care for those living with memory issues/memory loss.

Do you, or a neighbour, friend or family member look after someone who has memory issues?

Would you/they appreciate a day a month of respite to enjoy some time to see friends, undertake appointments or just have some “down time”?

Brampton Thursday Club runs  once a month and offers a day of professional care in a relaxed and supportive environment. The club runs from 9.30am—3.30pm and a hot cooked lunch is included along with refreshments throughout the day.

The Thursday Club is managed through the professional care company Caring Together and their fully trained carers, and they are supported by Brampton based volunteers.

During the day we undertake activities such as dominoes, board games, cards, colouring, crafting, a seated exercise session and every so often a game of BINGO! We also promote discussions and interactions by sharing pictures, magazines and other memorabilia.

The sessions cost £30 for the full day with everything included.

A pre-registration is required so that Caring Together are able to carry out an assessment to ensure we can meet any medical needs.

The Thursday Club runs at the Memorial Centre, Thrapston Road, Brampton on the third Thursday of every month.

For further details or to discuss, please contact
Jane Coggin on 07890 866389 or e-mail
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