

If you feel you would benefit from this support,  
please call us:

Tel: 01223 620962

or email us:

[cambridgeshiredementia@alzheimers.org.uk](mailto:cambridgeshiredementia@alzheimers.org.uk)

## **Intensive Support Service**

**For those caring for a  
person living with any  
form of Dementia**



- **Are your caring responsibilities seriously affecting your own health?**
- **Do you feel that you can no longer carry on caring and are nearing a crisis?**
- **Is the health of the person you care for declining?**
- **Is the person your care for in hospital or about to come out of hospital?**

We know that caring for someone with Dementia can, at times, be difficult, and at times you, as a carer, feel at crisis point. If you are able to answer yes to any of the questions above, then perhaps our Intensive Support Team may be able to help you.

This unique Intensive Support service has been set up to help you to find new ways and strategies to help you cope with your caring role. We aim to identify ways to improve your own health and wellbeing and help you understand Dementia.

One of our trained specialist Dementia Advisers will contact you to offer tailored support that meets your needs. Offering an expert listening ear, they are there to talk openly to about the difficulties you are experiencing.

Once your situation improves and you no longer feel at crisis point, but still need some further support, we can then link you into your local area Dementia Adviser who will contact you to talk through other local resources and offer you regular Keeping In Touch Calls.

Feedback from a carer who has used the service:

“You have been very understanding, given me strategies, you have been kind and made me feel that I have no reason to blame or berate myself.

Thank you so much, it seems too dramatic to say that you saved my life but the first time I spoke to you I was at such a low point in my life, well suffice to say I am still here today, and I feel now that I can smile again. What a wonderful feeling that is!!”