

## To make a referral

Please ensure the carer's name, address, telephone number and date of birth are provided when making a referral and state this is a referral for the delirium pathway.

## To refer a carer of someone who has dementia and delirium

Contact Alzheimer's Society:

- [cambridgeshiredementia@alzheimers.org.uk](mailto:cambridgeshiredementia@alzheimers.org.uk)
- 01223 620962



To find out more about Dementia Connect please visit [alzheimers.org.uk/dementiaconnect](http://alzheimers.org.uk/dementiaconnect)

## To refer a carer of someone with delirium and not dementia

Contact Caring Together:

- [hello@caringtogether.org](mailto:hello@caringtogether.org)
- 0345 241 0954



To find out more about Caring Together please visit [caringtogether.org](http://caringtogether.org)



This service is delivered by Alzheimer's Society and Caring Together on behalf of



# Are you looking after someone with delirium?

in Cambridgeshire or Peterborough



**We know caring for someone diagnosed with delirium can be especially difficult as it happens so quickly, you may feel worried, and the support they need from you may change a lot while they have delirium.**

Having the right support makes all the difference.

Whether you are a carer for someone with delirium living at home or in hospital, Alzheimer's Society and Caring Together are able to help you.

This new service offers intensive support over a two-to-four-week period either to help prevent the person you care for from going into hospital due to the effects of delirium, or before they are discharged from hospital, should they have been diagnosed while in hospital.

### **The support available could include:**

- Regular (up to daily) check-in calls providing support, answers to questions or concerns you may have.
- Providing timely information, such as tips on caring for someone with delirium and/or other support available.
- Assisting you to access services/support available.
- Providing dedicated, trained care workers who can look after your loved one at home if you have other commitments or need a short break from caring.
- Ensuring you have a plan in place in case you become unwell or are unable to care because of an emergency.

The support will be based on your, and the person you care for's, needs and requirements.

### **What happens next?**

In most cases the symptoms of delirium improve over a few days to a week once the underlying cause is treated. Should symptoms continue for more than two to three weeks, then we will help to ensure you are linked into any additional support that you require.

Alzheimer's Society and Caring Together have a wide range of other support that may be of benefit.

### **Who will provide the support?**

Should the person you care for have a diagnosis of dementia as well as delirium then Alzheimer's Society will offer the support.

If a person has not had a diagnosis of dementia, then Caring Together will be the ones who support you.

Both organisation's knowledgeable staff work together to ensure you are linked into any additional support that you might find helpful.

**"I can contact the service and ask questions, or seek advice and support, whenever needed or when things change."**

**Dementia Connect service user**

**Please see over for details of how to make a referral and find out more.**

