

Are you a carer?

Connect with your local **Caring Together** hub

Supporting carers of all ages in
Cambridge and Peterborough

Services available to you via **Caring Together**

- **Emotional and practical support:** One on one guidance and support for carers of all ages.
- **Respite care:** Facility which can provide temporary break allowing carers time for themselves.
- **Resources** for young carers.
- **Community connection:** Workshops, events and support groups to connect with other carers.

Website: [Caringtogether.org.uk](https://caringtogether.org.uk)
Email: hello@caringtogether.org
Contact number: 0345 241 0954

Alternatively, scan this QR code, using a phone or tablet device →

