



WEDNESDAY 24TH MAY

SUPPORTING CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH & WELL-BEING

AN INFORMATION EVENING FOR ADULT CARERS – The event will be informative and beneficial for parents, grandparents, and all of those with an interest in and/or responsibility for the care of children and young people.

Speaker: Claire Ginty – Consultant Occupational Therapist;
Achieve Occupational Therapy Ltd.

Claire is a highly qualified and experienced professional working with young people; Claire has a specialist interest in supporting children and families with complex needs, including Attachment, Trauma, Mental Health, Autism, Attention Deficit Hyperactive Disorder, Visual and Hearing Impairments, and many more.

This well-being session, focused upon supporting the mental health of children and young people, is the first of what we hope will be a series of topical health and well-being events for the community. The focus of this event will be to provide information and education about mental health, and to give practical guidance on recognising signs of poor mental health and providing early intervention to improve and develop mental well-being.

Event brought
to you by
**Great
Staughton
Surgery
Patients'
Participation
Group**

**Great
Staughton
Primary School
7-9pm**

**To book, please
contact:**

**[bookings@achieveot.
co.uk](mailto:bookings@achieveot.co.uk)**

**Please provide
names of attendees**

**Limited spaces
available**