### Other Smokefree clinics

#### **Gladstone Park Community Centre**

We run smokefree clinics at the Healthy Living Centre in Gladstone Street (see map below). Please call for free 0800 376 56 55 to be booked into a day and time of your choice.

#### **Peterborough City Hospital**

We also run smokefree clinics at Peterborough City Hospital. The clinics are for anyone who smokes or has a medical condition related to smoking. Feel free to drop into the Outpatients Department on a Tuesday or Friday from 9am to 12.30pm.

#### Here to help

Our specialist staff at the smokefree service are dedicated to help you to stop smoking. Even if you have tried before and not succeeded, please come and see us again. We are happy to support you to quit – whatever your circumstances.

#### Remember!

To stop smoking you only have to give up half an hour a week of your time with one of our friendly specialist advisors.

If you need any information, advice or to book into any of our clinics please call:

Freephone: 0800 376 56 55



Gladstone Park Community Centre. Bourges Boulevard Peterborough PE1 2AN Tel: 01733 863763 Peterborough
Creating a Healthy City

# STOP SMOKING START LIVING



Did you know you are four times more likely to give up smoking with specialist support combined with medication.

If you decide to make the first step to going smokefree, then we'll help you go the rest of the way.

Call us and we'll give you all the support you need to succeed and its free.

0800 376 56 55





## **Live Healthy Smokefree Service**

We provide free, confidential, practical, help and support from fully qualified advisors when you are ready to stop. This leaflet shows the locations of our advisors where you can access 1:1 support.

GP Practice	Telephone No
Boroughbury (formely 63 Lincoln Road and North Street medical practice)	01733 307840
Ailsworth Medical Centre	01733 380686
Botolph Bridge Health Centre	01733 774500
Bretton Medical Centre	01733 264506
Dogsthorpe Medical Centre	01733 560061
Hodgson Medical Centre	01733 573232
Millfield Medical Centre	01733 310147
Nene Valley Medical Practice	01733 366600
Orton Bushfield Medical Practice	01733 371451
Parnwell Medical Centre	01733 896112
Park Medical Centre	01733 552801
Paston/Werrington Health Centre	01733 572584
Thistlemoor Medical Centre	01733 551988
Thorney/Laurel Farm	01733 222282
Welland Medical Centre/14 Church Walk	01733 615090/615080
Westwood Clinic	01733 265535

0800 376 56 55 www.healthypeterborough.org.uk

## **Smokefree Service Pharmacy Scheme**

For advice on stopping smoking and nicotine replacement therapy at participating pharmacies

Pharmacy	Telephone No
Boots the Chemist Eye	01733 222125
Boots the Chemist Hampton	01733 893528
Boots the Chemist Queensgate	01733 314866
Boots Chemist, Bretton Centre	01733 262555
Botolph Bridge Pharmacy - coming soon	01733 895974
City Pharmacy Lincoln Road	01733 562045
Co-op Pharmacy, Paston	01733 322907
Graham Young Pharmacy	01733 554778
Lloyds Pharmacy, Bushfields	01733 235026
MI Pharmacy Werrington	01733 578277
Netherton Pharmacy	01733 261121
Newborough Pharmacy	01733 811917
Rowlands Westgate	01733 319398
Sainsbury Pharmacy, Bretton	01733 264733
Sainsbury Pharmacy, Oxney Road	01733 349346
West Town Pharmacy	01733 564144

Further clinics are in development. Please contact us via our freephone number for details.

# **STOP SMOKING START LIVING**