

We're here to help you Stop Smoking for good

Free support to help you quit

How we can help

Our stop smoking service provides advice, support and encouragement from qualified Stop Smoking practitioners.

**Drop into one of our
face to face clinics on
Tuesdays from 12:00-16:00
at the Coneygear Centre,
Huntingdon PE29 1PE
to see how we can help
you quit for good!**

- Appointments are available at GP practices and community locations across Cambridgeshire and Peterborough, putting the service easily within your reach. Telephone support is also available.

Who we can help

- Any smoker aged 12+ who lives in Cambridgeshire or Peterborough or is registered with a GP Practice in Cambridgeshire or Peterborough



Funded by Cambridgeshire County Council and Peterborough City Council



For more information or to sign up to this service scan the QR code or
Text: **HEALTHYU** to **60777** or call: **0333 005 0093**
Email: **healthyyou@healthyyou.org.uk** or
Visit: **www.healthyyou.org.uk**



Healthy You