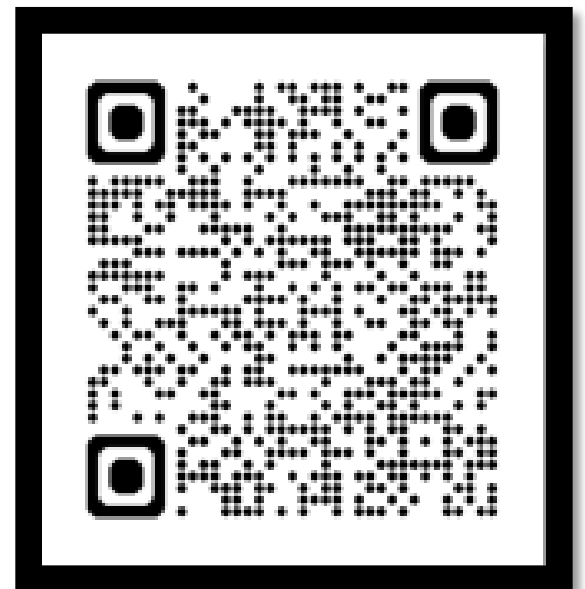


## Returning your Walking Aids

**You can now recycle your crutches, sticks and frames when no longer needed. We will check and clean them to help future patients.**

Return yours for reuse (and recycling) to any of Norfolk County Council's recycling centres.

Visit the Norfolk County Council [Website](#) to find your local recycling centre, or scan the QR code:



Your local hospital could save up to £46,000 and carbon emissions the same as 5,670 car trips from Norwich to London a year.