

THE HUMBLEYARD PRACTICE PATIENT NEWSLETTER WINTER 2022

Patient Participation Groups (PPG)

The practice has a PPG group representing each surgery. They will meet every few months to discuss with the practice team the issues facing patients and hopefully offer some solutions and support. This is a useful way to communicate with our patients.

As they become more established, we would hope to make available the minutes of the meetings to all patients.



Joint Statement from South Norfolk Council, Norfolk & Waveney ICB and The Humbleyard Practice

Update on the potential new GP Surgery in Hethersett

The NHS Norfolk and Waveney Integrated Care Board (ICB), the organisation which commissions services provided by GP practices, South Norfolk Council, and the Humbleyard Practice are continuing to engage with local partners to explore options that will provide additional healthcare and medical provision within the Hethersett area.

The ICB, Humbleyard Practice, and South Norfolk Council are all committed to improving the healthcare facilities in the Humbleyard catchment. All three parties are working together to scope a project which, if delivered, would likely see a new build surgery in Hethersett, involving the relocation from existing premises into larger facilities. This potential investment will support the delivery of sustainable, excellent patient care for the future, provide an expanded range of clinical services, and also offer a new healthcare provision for local residents.

Currently, the Humbleyard Practice, which serves Cringleford, Hethersett and Mulbarton, has a registered patient list of more than 21,750 patients across its three existing sites. It is acknowledged that the practice is already oversubscribed and is working with the ICB to ensure it has the premises and workforce to serve the current patient list and meet the future demand of the proposed 1,700 - 2,000 homes still to be built in its catchment area.

While the project will need all the parties to work together, South Norfolk Council is proactively working with all partners to secure an appropriate serviced location in Hethersett together with the necessary finance to construct a GP practice. Detailed planning permission and commercial discussions will be required but the most significant hurdles have been cleared. The partners will be engaging with the local community as the project develops to ensure that the needs and views of the community are considered in the proposals.

New Clinical Team

Last quarter we featured our Physicians Associate, Teresa Rush, who explained a little about her herself and the care she can provide. This quarter we would like to introduce you to Stuart Clark our Mental Health Practitioner.

We have several options available to patients to access help for mental health issues. We can refer to the Well Being Team or arrange for an appointment with a Social Prescriber who can also help with financial concerns and benefit claims. However, we also have two resident Mental Health Practitioners, Stuart and Adam. Below, Stuart has written a column explaining his professional background and the help he can provide.

My name is Stuart. I am a registered Mental Health Nurse working in the Ketts Oak PCN. I graduated with a Bsc in Mental Health Nursing in 2013.



After graduating I worked in Acute adult services for four years. Following this I spent five years working as a Senior Community Mental Health Nurse, supporting people in the community.

In my current role as a Mental Health Practitioner, I will see people for a 40-minute assessment, offer evidence based short term interventions, stabilisation, psychiatric advice, medication reviews and CBT/DBT skills. I

work from the Humbleyard surgeries on a Tuesday, Thursday and Friday.

I work with people with a wide range of emotional difficulties such as people presenting with depression, anxiety, personality disorders and people who have recently been discharged from secondary mental health services. I really enjoy helping people and the variety the job brings.

Away from work my interests include running, football and watching live music.

Please Cancel Unwanted Appointments

If you no longer need your appointment, please contact us either by telephone or via our website <https://humbleyard.nhs.uk> to cancel it. So please be considerate of other patients who may need your appointment and let us know if you are not going to attend. Thank you.