

The Grove Surgery Patient Participation Group Newsletter

Summer 2024

Special points of interest:

- * [Pharmacies](#)
- * [New Members](#)
- * [Updates](#)

Inside this issue:

SNEE	2
Expo 2024	2
Memory Lane	
Prescriptions	3
Allotments	3

Surgery News

Roll out of Pharmacy First

This is a new initiative that all surgeries are encouraged to use (you may have seen tv adverts) to manage the minor illnesses being treated at GP Surgeries. The following conditions that can be treated at a Pharmacy are;

Sinusitis
sore throat
earache
infected insect bite
impetigo
shingles

There are specific age groups and criteria regarding these as well.

When patients call with one of the above minor illnesses we can refer them to the Pharmacy and they can be seen and treated within a couple of hours. Most patients are happy for this process, the occasional one is insistent that they are seen here but it would be helpful for the PPG to share this info with other patients that this is a positive service, they will be seen by a qualified Pharmacist, often quicker than waiting for a clinician here to call and it then frees up the surgery staff to see more unwell patients.

New Team Members

Paul Gibson has joined us from an Ipswich Practice and is a Prescribing Paramedic.

Luke McAndrew is also a Paramedic, He will be starting with us in May.

Kerri Clark is working with us as a Nurse Practitioner.

We have taken on 2 new receptionists Nicola and Vikkie.

2 of our current staff have been upskilled and will be working in the Medical Secretaries team, Jo and Faye.

Inclisiran Update

This is the jab available to some patients that Elaine told the ppg about a few weeks ago.

We had a follow up meeting recently about how well patients were doing on the injection and apparently we are the best performing surgery to roll the injection out IN THE COUNTRY!!!!!!

Suffolk and North East Essex ICB (SNEE!)

SNEE Integrated Care Board plan and buy health care for over 1 million people, they work closely with partners to improve health and wellbeing of our communities, a popular phrase they use is 'commissioning'.

Sitting under the ICB is the Integrated Care Partnership which is a statutory joint committee which brings the ICB, local authorities and wider community together.

The Chair of our PPG Mark Jepson has recently been elected to Chair of the SNEE PPG Network, he has also been appointed to the Integrated Care Partnership. This will allow Mark to have a greater understanding of strategies and programmes being considered for our area.

The website address for SNEE is; letstalksnee.co.uk



Local [NHS Services](#) across Suffolk & North East Essex

Memory Lane - Dementia Support

From July 2024 Wendy from Home Instead will be at the surgery every 2nd Wednesday of the month supported by the Disability Advice Service

Expo 2024! The Power of Kindness

Fancy a trip to Colchester? Expo 2024 is an event being organised by SNEE. It is being held at Colchester Rugby Club on Friday 5th July 2024 between 9.30 and 3.30pm, the programme includes;

- Communities Exhibition Zone
- Lived Experience Exhibition Zone
- Wellbeing Exhibition Zone
- Innovation Exhibition Zone
- Quality Exhibition Zone
- Opportunities Exhibition Zone

'Can Do Health and Care ' Expo 2024 – The Power of Kindness; is an opportunity to connect with stakeholders across the Suffolk and North East Essex system about the work that they do.

Order Repeat Prescriptions on line

Some subjects we cover in the newsletter are worth repeating! If you have the ability to order repeat prescriptions on line for yourself or a family member it is a lot quicker for you and the surgery.

Did you realise you can order your repeat prescriptions on line?

This can be done by going to the Repeat Prescriptions page on the website and registering with SystemOnLine.

To register you will need to contact the surgery with two forms of ID, one has to be a photograph of yourself and one with your current address

A number of members of the PPG use this facility and find it extremely quick and easy.



The Grove and Level 2 Community Allotment

If you would like to help at our community allotment please contact Ruth Lewis at the surgery. The allotments is situated at Cowpasture on Candlet Road. You can give as much or as little time as you like. There is a friendly group maintaining it but

Community Allotment Contact: lucindacooper@leveltwo.org for more information Plot 14A

Cowpasture Allotment -IP11 9GA

Family and Friends Drop-in Sessions Join us at our micro allotment to keep it flourishing. Participate in watering, planting, weeding, and digging, all while enjoying a conversation with a team member.

Drop-In Dates (Weather Permitting) Saturday, May 18th: 10 AM - 12 PM

Monday, June 3rd: 4 - 5 PM Monday,

June 10th: 4 - 5 PM Saturday,

June 15th: 10 AM - 12 PM Monday,

June 17th: 4 - 5 PM Monday,

June 24th: 4 - 5 PM