

Tackling Neighbourhood Health Inequalities in Newham Primary Care

Central 1 Primary Care Network Proactive Social Prescribing projects

Project 1: Reducing the risk of young people entering crime / knife crime

Aim

To reduce knife crime by providing support / interventions to at risk residents aged 11-18 years.

Key outcomes

35 patients to date referred to CYP link worker to receive specialist support

Main actions

- Secured specialist assistance with a dedicated Children and Young Person (CYP) link worker
- All patients who need this support were offered the assistance from the team with access to social prescribers and the personalised care team
- Patients were supported to know what young person's mental health support was available

Next steps

- To invite link worker to share case studies and project outcomes on a regular basis, and to link up with Newham Training Hub and monthly Newham Health Inequalities Forum to share learning.



Project 2: Low calorie diet group work

Aim

To proactively manage, and effectively address, the high prevalence of diabetes and demand for diet education services in the borough.

Key outcomes

- Groups have been up and running for 3 months and continue to grow

Main actions

- Social prescribers signposted patients to Xyla Live Well Newham services
- Established diabetes group consultation sessions led by GP and health and wellbeing coach, to deliver advice, annual reviews and follow ups in a group setting

Next steps

- To review outcomes of diabetes group consultation and compare it to pre-existing processes
- To look to establish other long term conditions group sessions

