





# Tackling Neighbourhood Health Inequalities in Newham Primary Care **Docklands Primary Care Network**



#### Aim

To support migrant communities living in temporary accommodation by developing tailored health interventions and improving access to mental health and primary care services.

#### **Key outcomes**

- Through working with partners a guide was developed on how to access/navigate NHS health and social care services
- Migrant Health Directory developed for front line staff
- **3** Health events held
- 7 **6** Referral pathways created tailored for migrant communities

#### **Main actions**

- Signed up to the Safer Surgeries programme
- Worked collaboratively with Clear Springs hotel management to identify health needs of residents and support required • Worked closely with Family Navigators providing support to residents

#### **Next steps**

- Look to offer / provide on-site **health** checks and exercise classes
- Newham is striving to become a 'borough of sanctuary'.



- Ensured that the Newham and North East London wide health and migrant planning was informed by our work
- Introduction of **migrant health champions** in primary care

Project 2: Serious Mental Illness (SMI) patients- monitoring of diabetes in Clozapine patients	
Aim	Key outcomes
Identify diabetic / pre-diabetic SMI Clozapine patients who require proactive interventions, and improve systems of sharing information between primary care and ELFT.	<ul> <li>Demonstrated that Clozapine patients are well managed in primary care</li> <li>Shared suggestions with Clozapine clinic on improving monitoring of patients' physical health</li> <li>Strengthened relationships between practice staff and ELFT Health Care Assistants</li> </ul>
• Conducted audit for 17 Clozapine patients in PCN	Next steps
<ul> <li>82% had HbA1c result within past year</li> <li>88% had an on target value at their last HbA1c</li> <li>All diabetic patients with off target results were contacted by Clozapine clinic</li> </ul>	<ul> <li>To maintain current performance</li> <li>Primary care to review process of documenting Clozapine treatment</li> </ul>

## **Proactive Social Prescribing Projects**

**Repurposing external practice** spaces for community gardens Developed garden spaces at member practices with patient input, with the aim to eventually give patients ownership of the community

### **Physical Health Checks** for SMI Population

Patients were identified for further follow up and early intervention through physical health checks. A patient satisfaction survey was also developed.

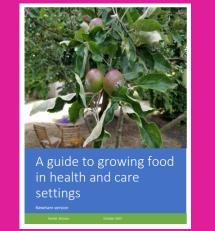


Park Run – led by **Patient Participation Groups (PPGs)** 

With support from PPGs, Docklands PCN promoted Park Run through the PCN newsletter and banners, and secured additional funding from Keeping Well NEL to purchase water bottles for all staff.



A 'Food Growing Toolkit for healthcare settings' was developed by Tollgate Medical Practice in partnership with a food growing expert from Newham Council. This was entered into the NEL Green Team competition and won second place.



garden.

