

Tackling Neighbourhood Health Inequalities in Newham Primary Care

North East 1 Proactive Social Prescribing

Project: Newly diagnosed cancer patients

Aim

To ensure patients newly diagnosed with cancer have their social needs met and are receiving appropriate psychological and physical support.



Key outcomes

- Two cancer health and wellbeing events held
- 90.9% of patients rated the support received from a social prescriber as excellent
- All patients agreed that their social prescriber has improved their awareness of the support that is available in the community
- 90.9% of patients felt confident to reach out to social prescribers for non-medical issues

Main actions

- Social prescriber organised two cancer wellbeing events and invited local services such as Newham Talking Therapies, Weight Management Team, Diabetic Prevention Team
- Social prescriber contacted patients within the cohort to provide social support, such as housing, mental health, adult social care support. They also raised awareness of support available in the community

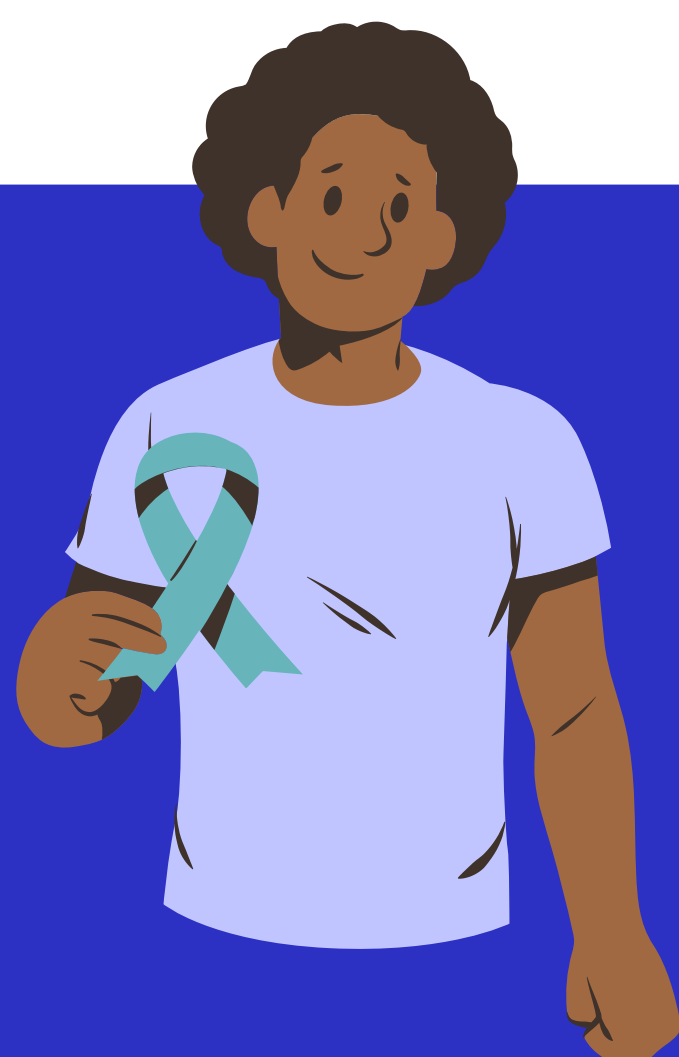


Next steps

- To continue with health and wellbeing events in collaboration with NEL Cancer Alliance, and to organise practice-based yoga sessions with support from the Newham neighbourhood senior officer



Patient Quote



"Leo Joseph (Social Prescriber) was excellent with me and listened to all my problems and tried his best to help me solve my issues. He was a good listener and very good advisor and also very friendly. With Leo's help and support I was able to have many issues in my house fixed in terms of daily living. Thank you very much Leo."