



NW2

# Tackling Neighbourhood Health Inequalities in Newham Primary Care

## North West 2 Primary Care Network

**Project: Supporting patients registered with a Learning Disability (LD) to improve uptake of annual LD health check and increase awareness and access to other health services**

### Aim

**To encourage patients with Learning Disabilities to access LD health checks and wider health services.**

### Key outcomes

- The percentage of LD patients with completed health checks increased from 86.4% to 95% in May 2023
- Positive feedback from patients and local services who attended 'Make Learning Disabilities Matter' event
- Event for LD patients attended by 52 LD patients and 13 local authority and voluntary sector organisations

### Main actions

- Social Prescribers completed GP Learning Disability and Autism training
- Researched barriers and secured information to suit patients including NHSE easy reading materials
- Organised 'Make Learning Disabilities Matter' event with funding secured from Newham Public Health

### Next steps

- Social prescribers will review the information collected as part of the Learning Disability Health Check (LDHC) and proactively offer support with social needs identified
- Will look to use the NHS LDHC self-assessment toolkit to ensure that practices continue to improve on services provided to these patients.



## Proactive Social Prescribing project

### Diabetic / pre-diabetic patients

Social prescribers proactively contacted patients who recently received pre-diabetic HbA1c results, to share information on support available, encourage preventative lifestyle changes, and to refer to weight management services.

