Inclusion for me as a female working in the Borough of Newham is about feeling valued, respected and being heard. To feel empowered as a local female leader to create positive changes for our residents of Newham and inspire others to understand the value of women's inclusion. Rima





#inspire inclusion

Inclusion to me gives everyone a voice. It's like embracing everyone like a long-lost friend. Maggie



Inclusion is a key part of how I practice healthcare. As General Practitioners we listen carefully to our patient to fully understand their experiences and concerns. Transferring this approach into the way we work in all areas of healthcare is a vital part of our community of GPs and the wider primary care team. On international women's day I know my colleagues are working with a focus on inclusivity today and throughout the year." Arpana

As a woman in healthcare leadership, I feel that linclusion is one of our most important strengths in Newham. To me it means that we support each other to excel, rather than competing against each other. Celebrating our diversity and united in compassionand this way everyone wins. Imrana





As a woman in leadership within the healthcare sector, originating from ethnic minority, working-class, and Muslim communities, International Women's Day holds profound importance for me. It's a time to honor the unwavering resilience, profound strength, and remarkable achievements of women from all walks of life!

It means understanding that we all have different needs, and a 'one-size-fits-all' approach may not work for everyone. Katherine



Inclusion, for me, entails being seen for who we are without censorship or judgment. As a woman in healthcare, I am privileged to serve as a role model, celebrating the achievements of those who came before me while making an impactful contribution to my community. Tammy



It means recognising, accepting, respecting and treating everyone fairly. Lina





Including all voices in all our work is vital for our success in primary care. We often see inclusion as a 'nice to have' but for Newham Health Collaborative it is a key part of our success, and we know it is a strength in our approach. At NHC we are keen to hear from and include all voices across Newham. Karen



INTERNATIONAL WOMEN'S DAY 2024

#INSPIREINCI USION

Newham Women leaders

#InspireInclusion #internationalwomensday2024



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Marrium Haniff Physician Associate



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Dr Imrana Siddiqi





Newham Women leaders #InspireInclusion #internationalwomensday2024



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Karen Livingstone



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Maggie Adesanya Cram



To be treated equally and feel valued.

Antra Koul



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Katherine Wan



