

DOES YOUR CHILD EXPERIENCE DIFFICULTIES WITH EVERYDAY ACTIVITIES?

HELPFUL RESOURCES AND ADVICE ON CARRYING OUT
EVERYDAY ACTIVITIES CAN BE FOUND ON OUR WEBPAGE

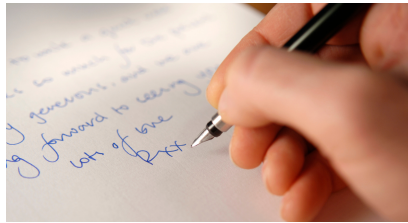
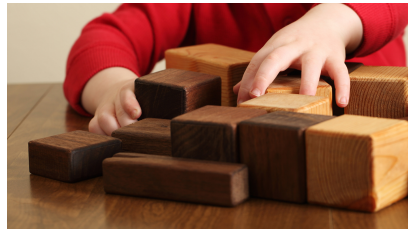


Please scan the QR code to access advice and resources



EXAMPLES OF EVERYDAY ACTIVITIES FOR CHILDREN

- Dressing
- Managing at school
- Cutlery
- Play skills
- Buttons/zips
- Washing



Information on development of everyday skills and the sensory awareness package can be found on the following website:

<https://www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy>

Sensory Processing Awareness Package, including:

- **Sensory Processing Video** - This provides information on sensory differences and how they can impact on functional activities as well as strategies that can help.

<https://www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy/sensory-processing-awareness-training>

- **Planning Wheel Documents** – This is a tool that can be used to help identify useful strategies.

<https://www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy/the-planning-wheel>

- **Planning Wheel Animation and video** – These help explain how to use the planning wheels.”

<https://vimeo.com/724431312/0d87c00710>