

### **Health Care Assistant:**

Our Health Care Assistant, Julie, works every day except Wednesday and is highly skilled in the following procedures:

- B12 injections
- Blood pressure monitoring
- Blood tests
- COPD management
- Dressings (simple)
- Ear syringing (olive oil needs to be applied for 1 to 2 weeks before syringing)
- Electrocardiography (ECG)
- Long term conditions clinic
- Learning disability reviews
- NHS Health Checks
- Pneumonia & Flu vaccinations
- Shingles
- Smoking cessation (follow-up appointments)
- Spirometry (lung function test – by referral from the Doctor or Nurse Practitioner)
- Removal of stitches
- Urine tests
- Removal of stitches