

Nurse Practitioner /Nurse Independent Prescriber:

Nurse Practitioners have been employed in general practice for more than 15 years, yet there still remains some confusion as to who they are, what they can do and which illnesses they can and can't treat.

Nurse Practitioners are very experienced nurses who have undergone extensive extra training to enable them to treat common health problems. Their role is to see some of the same-day urgent cases, which means we can see patients more quickly.

The following complaints can be dealt with by the Nurse Practitioner:

- Abdominal pain
- Back pain or difficulty mobilising
- Chest problems
- Cold and flu symptoms
- Diarrhea and vomiting, or constipation
- Depo provera (contraceptive injections)
- Ear problems
- Exacerbation of asthma / COPD
- Eye problems
- Gynaecology (vaginal discharge, abnormal menstrual bleeding, missed pill, need to postpone period, etc)
- Hayfever
- Head injuries
- Headaches
- Head Lice
- HRT - uncomplicated or repeats
- Infections
- Leg / neck pain
- Nose problems
- Oral contraception: uncomplicated
- Oral contraception: emergencies
- Period Problems
- Sinus problems
- Skin problems (infected spots, wounds, grazes, rashes, eczema, moles, lesions, etc)
- Throat
- Urinary tract infections
- Zoladex implants

However, it is best to go back to your GP if you have already seen them with an ongoing problem.

Please also note that the Nurse Practitioner does not see babies under two months old.