

### **Practice Nurses:**

Our Practice Nurses, Claire, Joy and Sally are very experienced registered nurses. You may be referred to one of the Practice Nurses by the doctor or nurse practitioner, or you may book an appointment directly with them for the following:

- B12 injections (if no appointment with the Health Care Assistant is available)
- Blood pressure checks (if no appointment with the Health Care Assistant is available)
- Blood tests (if no appointment with the Health Care Assistant is available)
- Childrens' vaccinations
- COPD management (if no appointment with the Health Care Assistant is available)
- New diabetic appointments - 1st, 2nd and 3rd visits
- Dietary advice
- Dopplers
- Dressings
- Ear syringing (olive oil needs to be applied for 1 to 2 weeks before syringing)
- ECGs (if no appointment with the Health Care Assistant is available)
- Long term conditions clinic (if no appointment with the Health Care Assistant is available)
- Learning disability reviews (if no appointment with the Health Care Assistant is available)
- NHS Health Checks (if no appointment with the Health Care Assistant is available)
- Oral contraception - uncomplicated (Claire)
- Pneumonia & Flu vaccinations (if no appointment with the Health Care Assistant is available)
- Pre-school booster injections
- Reversibility test (Claire)
- Shingles (if no appointment with the Health Care Assistant is available)
- Smoking cessation - first appointment (Claire)
- Spirometry (lung function test – by referral from the Doctor or Nurse Practitioner)
- Cervical smears
- Removal of stitches (if no appointment with the Health Care Assistant is available)
- STD checks
- Swabs
- Travel immunisations and advice
- Urine tests
- Zoladex implants (Claire)

You may also be advised to see one of the Practice Nurses for advice about diet if you have diabetes: or advice about inhalers if you have Asthma.