Who can help?

Hertfordshire County Council

Adult Care Services

0300 123 4042

www.hertfordshire.gov.uk/LDmyhealth

www.hertfordshire.gov.uk

Herts Help

0300 123 4044

info@hertshelp.net

www.hertshelp.net

If **you** are **ill and need support**

NHS

CALL 111

111.nhs.uk

or **999** to call an ambulance

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www.keepsafe.org.uk

keepsafe — Info Resources Help To Do Events Get Help

Keep safe from Coronavirus

What is coronavirus?

easy read

Write **your important numbers to call** here

Herts People First

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