

Are you travelling abroad anytime soon?

YOU will need to check with the embassy of every country you will be travelling to and through, what their rules are for taking medicines with you.

WE are happy to give you a print out of a list of the medications which we prescribe for you.

YOU will need to check with a pharmacist what each of your medicines contain

don't forget to ask about:

- All prescribed medicines (including tablets, syrups, injectables, creams & patches etc)
- All medicines which you buy over the counter from the chemist or supermarket