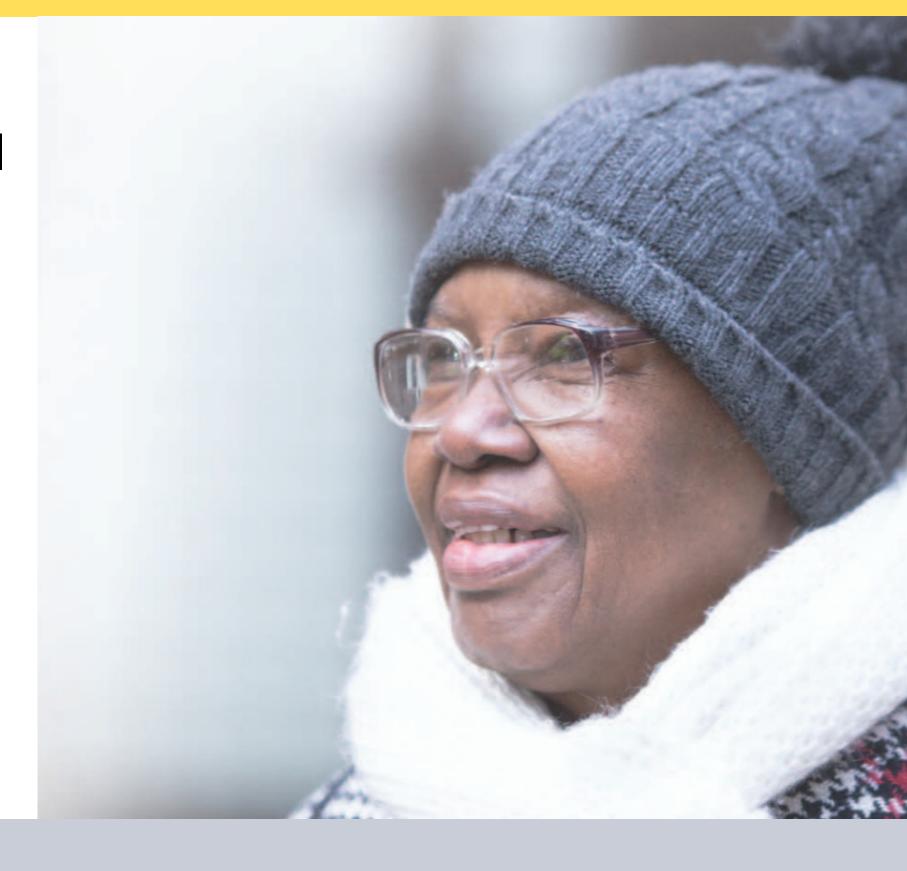
## Now more than ever - get your free flu jab!

Flu can lead to serious complications and hospital visits, especially for those with an underlying health condition and at greater risk from Covid-19.

Ask your GP or Pharmacist for your free flu jab today.



## Flu vaccination is the best defence against flu and is free if you are:

- 65 years or over
- Living in a residential or nursing home
- A frontline or healthcare worker
- A member of a shielding household
- Homeless

- A carer of a vulnerable adult, child or disabled person
- Are someone with a learning disability
- Living with a long term health condition
- An asylum seeker

Protect yourself and those around you.

