

# Now more than ever - get your free flu jab!

Flu can lead to serious complications and hospital visits, especially for those with an underlying health condition and at greater risk from Covid-19.

Ask your GP or Pharmacist for your free flu jab today.



## **Flu vaccination is the best defence against flu and is free if you are:**

- 65 years or over
- Living in a residential or nursing home
- A frontline or healthcare worker
- A member of a shielding household
- Homeless
- A carer of a vulnerable adult, child or disabled person
- Are someone with a learning disability
- Living with a long term health condition
- An asylum seeker

**Protect yourself and those around you.**

**NHS**

Brent  
Clinical Commissioning Group