

## DON'T KNOW WHERE TO TURN FOR HELP WITH YOUR HEALTH OR WELLBEING NEEDS?

**Call the Brent Health Matters Advice Line** 

020 3114 7185

9am-5pm, Monday-Friday

The Advice Line is open to any resident of Brent.

You can ask any non-clinical questions about health and social care and you will be signposted and supported to access services.

You can also receive advice to better manage your health conditions.





## **BRENT HEALTH MATTERS**



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