

# We're here to help you

Care Coordinators are part of  
your general practice team

We can help by:

- preparing you for upcoming conversations about your health and care
- monitoring your health and care needs and responding to any changes
- supporting you to understand and manage your care.

Talk to the reception team to  
find out more.



Your  
health  
matters

Help us  
help you

Mikayla Nelson  
Care Coordinator