

# PPG Group Meeting on 22-03-23 @ 5pm

Dr Khan, Dr Jamshad, Dr Kirubaharan and Practise Manager Sana Rabbani

Chairman – Alan McCornack

29 Patients Invited

6 Patients at 17:05

Welcome and appreciation given to patients who have attended and apologies from patients who were unable to attend.

Mention of previous meeting from 1<sup>st</sup> February 2023, Discussion of improvements and updates since last PPG Meeting.

Sana had mention she had contacted Telephone Service providers to update messaging system. Was advised changes should occur by 1/4/23.

Dr Jamshad had briefly discuss prepared presentation regarding Pain Management and Reliefs. Discuss the benefits of analgesic medication; lower risk medication e.g paracetamol, ibuprofen etc to high risk medication e.g morphine and codeine. Dr's aim to prescribe more more risk medication for pain relief e.g amitriptyline to better prescribe patients because some high risk drugs have longer-lasting adverse effects that may affect them.

Also services in regards to pain relief e.g. physiotherapy and in-house physiotherapist at the practise and the benefits of home exercises on patient's health.

Also discuss hypertension plus application to better notify GP's of patient blood pressure readings. Patients who are unable to record their Blood Pressure readings can also be loaned a monitor and request to have their blood pressure done at home. Results show blood pressure are improved when patients have their BP Monitored at home.

Sana also discuss contacting patients who are not usually seen that must be seen during the year to tackle any hidden problems. Also prescription overall have increased and discuss methods of tackling issue.

Also the Use of Physician Associate and the benefits of their services.

Also discussed the next PPG Meeting held on the 28/6/23