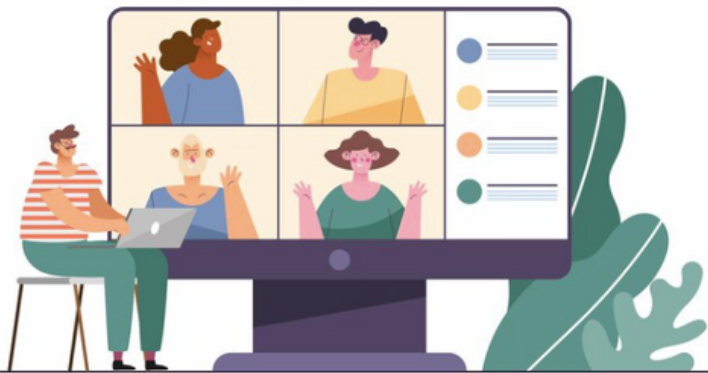


Ealing Community Team for People with Learning Disabilities



Carer's Group 2024

Please contact us
with any questions
and to confirm your
attendance by
**Friday 26th
January:**



0208 566 2360



wlm-
tr.ctpldpsychologyteam
@nhs.net

Ask to speak to
someone from
Psychology
at Green Lane CTPLD

Carer's Group

Topics and Dates:

Tuesday 30th January: 12-1:30pm

Psychology – overview of services
and gathering ideas

**Wednesday 28th February: 12-
1:30pm**

Speech and Language Therapy –
Dysphagia

Tuesday 26th March: 12-1:30pm

Music and Art Therapy

**Wednesday 24th April: 12-
1:30pm**

Positive Behavioural Support

Wednesday 29th May: 12-1:30pm

Psychology/Social care - TBC

Wednesday 26th June: 12-1:30pm

Physio

Ealing CTPLD are running an online group for carers looking after adults with learning disabilities.

The group will run in the last week of every month, throughout 2024.

The content will be led by carers and their needs. We would like this group to be a space where problems and solutions can be shared.



In our initial meeting, we will think with you about how the group will work, and what topics you would like us to cover.

We hope to cover topics within different areas of the service. As well as what is already planned, we are currently organising the following sessions for the second half of the year:

- Nursing
- Psychiatry
- Occupational Therapy
- Psychology
- Information about community resources

Format

The group will be run online using Microsoft Teams. We shall send the Teams link prior to each group and will have facilitators available during the group to offer technical support.



We want the group to be as inclusive as possible. Because of this, each group will follow a similar format which people can join and leave as they please:

- 35 minutes:** Introduction and presentation
- 10 minutes:** Break
- 45 minutes:** Questions and answers