

Social Prescriber Link Worker can help you improve your Health and Wellbeing and make positive life changes.

Services that can help you feel better:

- Housing, benefits, financial and advice
- Education and learning
- Health lifestyle advice and physical activities
- Arts, gardening, creative activities
- Befriending, Counselling and Groups to connect with.

GP Practices that can refer

you:

- Oldfield Family Practice
- Mansell Road Practice
- Eastmead Surgery
- Elmbank Suergery
- Greenford Family Health Practice
- Westseven GP
- Hanwell Health Centre

Social Prescribing service in Greenwell

Part of National Health Service.





Not only your Doctor can help you feel better Now you have Social Prescribing Service that can help you as well!

Contact your GP for a referral to Social Prescriber Link Worker

Some of life issues that make you feel unwell:

- Living alone
- Work and unemployment
- Money worries
- Housing issues
- Families and children
- Weight problems
- Addictions
- Smoking
- Alcohol
- Health and fitness etc.

How we support you?

Please note that during Covid 19, we arrange a phone call or a video call, instead of Face to Face appointment. And then...

Social Prescriber Link Worker gives you time to:

- Discuss issues you are facing
- Explore and focus on what is important to you.

AND THEN

- Find local services that can help you
- Give you support to access and connect with them.