

VACCINATIONS NOW AVAILABLE!

WINTER VACCINATIONS-

Are you up to date with all your vaccinations? Influenza vaccines are still available at the GP to book in!! The flu vaccine is a safe and effective vaccine. It's offered every year on the NHS to help protect people at risk of getting seriously ill from flu. More people are likely to get flu this winter as fewer people will have built up natural immunity to it during the COVID-19 pandemic.

COVID Booster Jab's-

Booster vaccine doses will be available on the NHS for people most at risk from COVID-19 who have already had 2 doses of a vaccine. You are eligible for a booster as long as a minimum of three months has passed since your second dose. You can book this online via the NHS - <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

Redwood Practice

January 2022

Redwood Practice

DOCTORS SHENTON, SPARROW, BRAR, KHAMBAY & PURVIS

NEWSLETTER



www.redwoodpractice.co.uk

Local Drop in Clinics

Who can attend?

- Anyone aged 16+ for first and second dose (12 weeks between first and second dose)
- Anyone aged 18+ for boosters (3 months after second dose)

Please do not attend a drop in clinic in you are aged between 12-15 - please book via the National Booking System or attend an age-specific drop in clinic when they are available.

Thursday 13 January

- 12pm-3pm & 3.30pm-6pm: Gurdwara Sri Guru Singh Sabha, Alice Way, Hounslow (adults only)
- 8.30am-6.30pm: West Middlesex University Hospital, Twickenham Rd, Isleworth (TW7 6AF)

Friday 14th January

- 8.30am-6.30pm: West Middlesex University Hospital, Twickenham Rd, Isleworth, Middlesex TW7 6AF

Saturday 15th January

- 8.30am-3.30pm: West Middlesex University Hospital, Twickenham Rd, Isleworth, Middlesex TW7 6AF.
- 12-15yr old vaccinations clinic. [Book https://my.drdoctor.co.uk/clinic/covidvacc12to16years](https://my.drdoctor.co.uk/clinic/covidvacc12to16years)

Sunday 16th January

- 8:30am-1:30pm: Feltham Assembly Hall, Feltham Park, Hounslow Rd, Feltham TW14 9DN (12-15yr olds and adults)

How do I upload proof of my COVID vaccinations done abroad?

If you live in England and had your vaccination abroad in certain countries, you can ask to have this added to your NHS vaccination record. Once it is added you can get an NHS COVID Pass. You are able to upload this yourself through the NHS website—<https://www.nhs.uk/book-a-coronavirus-vaccination/do-you-have-an-nhs-number?bookingtype=overseas>

You can use this service if you:

- are aged 18 years old or over
- have an NHS number

have received one of these MHRA-approved vaccines outside of England - Oxford/AstraZeneca (Vaxzevria), Pfizer/BioNTech (Comirnaty), Johnson & Johnson (Janssen) or Moderna (Spikevax)



On behalf of all of the *Practice* team, we'd like to wish you a **very Happy new year!**

This past year has been extremely challenging for all in the primary care sector and we would like to thank all of our patients for their patience and co-operation through it all. We look forward to providing even better care and support in 2022 to all our patients.

Introduction to Our New GP's

You may have noticed new faces to the team, Late 2021 we had the privilege to introduce Dr Avneet Khambay and Dr Harriet Purvis to the Redwood Practice team! Both GPs have received a warm welcoming transition from all our patients.

In addition to this upon patient queries, it is of sad news we inform all our patients Dr Jones has now left the practice and we wish him all the best of luck.



Facemasks-



Please make sure you are attending all appointments with a facemask at the surgery to keep staff and patients safe but most importantly!

Face coverings limit the volume and travel distance of expiratory droplets dispersed when talking, breathing, and coughing. A face covering without vents or holes will also filter out particles containing the virus from inhaled and exhaled air, reducing the chances of infection.

Hounslow connect- <https://hounslowconnect.com>

This is a great page for our patients to browse through with information and guidance hub connecting residents to local services and support. Interested in getting involved with Hounslow community groups/ services/ activities with various interests? Whether that is mental support, education and training, keeping fit and healthy, financial support, housing information, the website provides a vast range of useful information !!



CORONAVIRUS

How do I get the COVID Passport ?

We receive a high volume of calls and patient queries regarding obtaining a COVID passport for travel and domestic purposes.

To make things easier for patients and point of information access please see the following information to access this through the NHS app.

If for any reason you cannot download the app <https://access.login.nhs.uk/enter-email>

Step 1 - Find the NHS COVID-19 app on the App Store

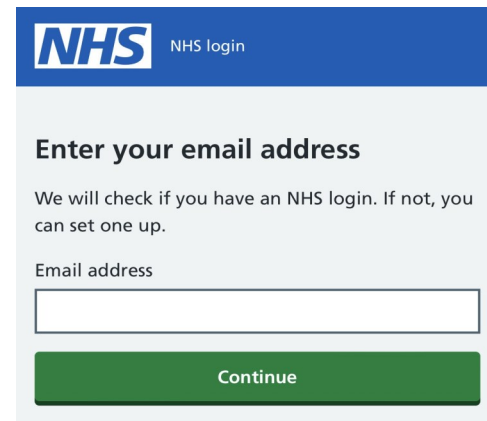
Follow these steps to find the app on your phone:

1. Find the **App Store** app and tap on it to open it.
2. Tap on **Search** at the bottom of the screen.



Step 2 - Open the NHS COVID-19 app and log in

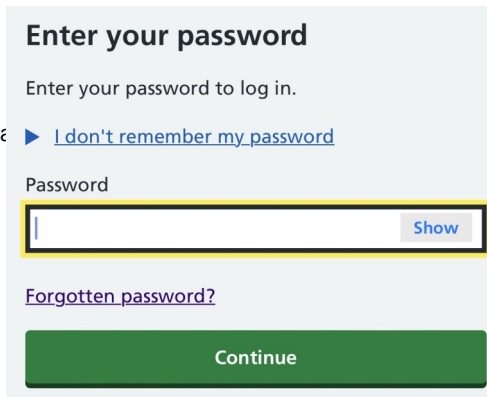
1. Enter email to login
2. If this is your first time login it will ask you to register an email address
3. Once entered press continue



Step 3- Enter Password

1. Enter password
2. If this is your first time using the app it will ask you to create a password
3. Once entered press continue

Electronic doc

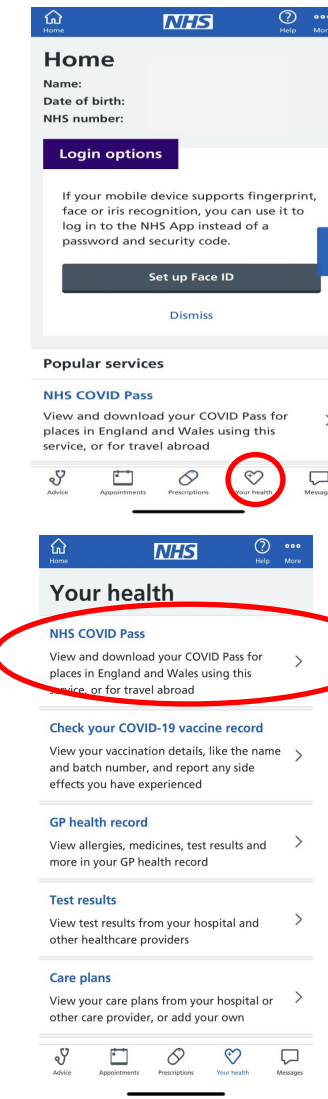


CORONAVIRUS

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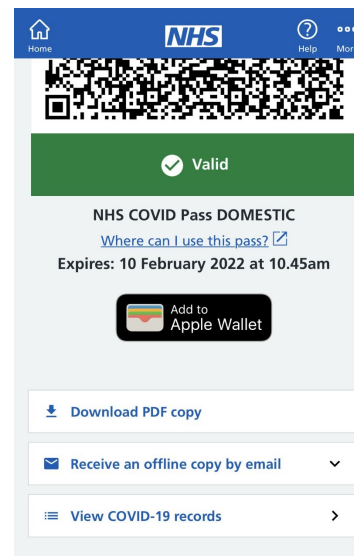
Step 4- Home page navigation

1. Once logged in you will be taken to a home screen
2. At the bottom of your screen you will see various tabs—select “your health” with the heart icon



Step 5- Select COVID-pass

1. Select the first tab- NHS COVID Pass
2. Once selected it will redirect you to a “get your COVID-Pass page”- select Continue
3. You will then be shown two options- “Travel” /



Step 6- Save your COVID-pass

1. This **QR code** can be shown which is valid for *One month* or you can **download a PDF copy** from the options below