



## Do we have the right E-mail Address?

We are moving from SMS messages to eMail and the NHS App to keep in touch with you

We are doing this to improve the security of how we communicate with you.

Don't use them? Don't worry, we still use the phone ☺

Please check your email address is correct with **Reception** or in the NHS App in "Contact details"

## "Delivering compassionate, high-quality healthcare, using innovation and lifelong learning"



Wisdom: "Valuing knowledge to make wise decisions"		
Love to see	Expect to see	Don't want to see
Praise colleagues when they have succeeded in a new or challenging task	Ask questions and offer help	A cynical or negative attitude at work
Sharing new information with people that will help them be more effective	Learn common medical terminology	Don't use jargon or acronyms when talking to patients
Contribute to teams in ways that helps them improve	Understand the different types of appointment we offer	Passing on work which you could complete yourself

Excellence: "Being good at what we do"		
Love to see	Expect to see	Don't want to see
Contribute to and suggest improvements that are easy to implement	Competence in all aspects of your role	Avoid feedback or do not reflect when it is offered
Encourage colleagues to maintain high standards	Support improvement initiatives	Show disregard for time, resources, or facilities
Seek out opportunities to learn and develop your skills and expertise	Assist colleagues when they seem to be struggling	Don't rush. It increases the chance of making a mistake

Compassion: "Kindness and empathy"		
Love to see	Expect to see	Don't want to see
Actively make patients and colleagues feel welcome		
"Going the extra mile" for patients	Smile, make eye contact, and introduce yourself	Appear unapproachable, rude, abrupt, or moody
	Help anyone in the surgery who looks lost, confused, or has been waiting a long time	Appear disinterested, dismissive or talk over others
Take time and listen carefully to patients and colleagues, particularly if there are barriers to communication	See things from the other person's point of view and don't be afraid to apologise	Disregarding or failing to enquire about a patient's context (social, medical) when it is relevant

Autonomy: "Owning and solving the problems you face"		
Love to see	Expect to see	Don't want to see
Using your initiative to solve patient problems	Help to diffuse difficult situations	Be elusive or uncontactable, or fail to respond in a timely way
Be flexible, fill a hole	Be clear on your duties each day	Lack of attention to detail / basic errors
Take ownership of a difficult task and see it through to completion	Plan your work tasks and take account of deadlines	Turn up late / unnecessary use of mobile phone or internet

Responsibility: "Behaving professionally"		
Love to see	Expect to see	Don't want to see
Help a colleague when you're not busy	Being honest	Gossiping
	Dressed for work and name badge clear	Breaking confidentiality
Polite and courteous		
Calm and approachable	Help keep the surgery tidy and clean	Disrespecting colleagues / other NHS staff

Education: "Lifelong learning for all"		
Love to see	Expect to see	Don't want to see
Train a colleague	Discuss your own training at appraisal	Essential training not up to date
Share knowledge with colleagues	Engage with training offered	Basic gaps in medical knowledge appropriate to your role
Look for ways to improve our service	Celebrate your own improvement	Being resistant to change