

















## Postnatal Support – Ealing / Hounslow

<p><b>Cost of Living support &amp; Foodbank</b></p> <p> <a href="http://www.moneyhelper.org.uk/en">www.moneyhelper.org.uk/en</a></p> <p> <a href="http://www.citizensadvice.org.uk/about-us/contact-us/contact-us/">www.citizensadvice.org.uk/about-us/contact-us/contact-us/</a></p> <p> <a href="https://ealing.foodbank.org.uk/get-help/how-to-get-help/">https://ealing.foodbank.org.uk/get-help/how-to-get-help/</a></p>	<p><b>Housing</b></p> <p> <a href="http://www.ealing.gov.uk/info/201086/housing_and_council_tax/378/homelessness">www.ealing.gov.uk/info/201086/housing_and_council_tax/378/homelessness</a></p> <p> <a href="https://ealingadvice.org/">https://ealingadvice.org/</a></p> <p> <a href="https://ealinglawcentre.org.uk/">https://ealinglawcentre.org.uk/</a></p>	<p><b>Mother &amp; Baby groups in Ealing / Brentford</b></p> <p> <a href="http://www.happity.co.uk/ealing-brentford-hanwell/baby-toddler-classes">www.happity.co.uk/ealing-brentford-hanwell/baby-toddler-classes</a></p> <p> <a href="http://www.ealingfamiliesdirectory.org.uk/kb5/ealing-directory/family.page?familychannel=2">www.ealingfamiliesdirectory.org.uk/kb5/ealing-directory/family.page?familychannel=2</a></p>
<p><b>Children's Centres and Health Visitors in Ealing / Brentford</b></p> <p> <a href="http://www.ealingfamiliesdirectory.org.uk/kb5/ealing-directory/family.page?familychannel=2">www.ealingfamiliesdirectory.org.uk/kb5/ealing-directory/family.page?familychannel=2</a></p> <p> <a href="http://www.nhs.uk/services/service-directory/brentford-children-s-centre/N10884712">www.nhs.uk/services/service-directory/brentford-children-s-centre/N10884712</a></p>	<p><b>Domestic Abuse</b></p> <p> <a href="http://www.wgn.org.uk">www.wgn.org.uk</a></p> <p> <a href="http://www.nationaldahelpline.org.uk">www.nationaldahelpline.org.uk</a></p>	<p><b>Family Nurse Partnership- young mothers up to 21yrs</b></p> <p> <a href="http://www.ealingfamiliesdirectory.org.uk/kb5/ealing-directory/service.page?id=XMBsxX2CaLU">www.ealingfamiliesdirectory.org.uk/kb5/ealing-directory/service.page?id=XMBsxX2CaLU</a></p>
<p><b>Healthy Children advice</b></p> <p> <a href="http://www.nhs.uk/start4life/baby/">www.nhs.uk/start4life/baby/</a></p>	<p><b>Single Parent support</b></p> <p> <a href="http://www.gingerbread.org.uk/">www.gingerbread.org.uk/</a></p> <p> <a href="http://www.nhs.uk/conditions/baby/support-and-services/advice-for-single-parents/">www.nhs.uk/conditions/baby/support-and-services/advice-for-single-parents/</a></p>	<p><b>Hounslow specific Legal support</b></p> <p> <a href="https://hounslowcabs.org.uk/">https://hounslowcabs.org.uk/</a></p>