



MEN'S HEALTH FAIR



FREE

Join our GPs, healthcare professionals and
community services this Men's Health Week for:

A FREE HEART HEALTH CHECK

and information on

**NHS mental health services • prostate health
sport and physical activity • peer support • social groups**

plus FREE

healthy food • massage • stretching exercises • and more!



**Thursday 13 June
6pm-8pm**

**Violet Melchett Health & Wellbeing Hub
30 Flood Walk, SW3 5RR**

nhsnw1.vmcommunitycorner@nhs.net | 020 3621 4434