

Podiatry Direct - Self Referral Form

An information guide



Podiatry Direct - Self Referral Form

What is self-referral?

Self-referral is a direct route to podiatry. It allows patients to access podiatry services without seeing a GP first.

Who can self-refer?

You must be 16 years of age or over with foot problems, and registered with a Heywood, Middleton or Rochdale GP. Parents or guardians can refer their children under the age of 16 years.

When should I not refer?

Self-referral is not an option for:

- Routine nail cutting and skin care including corns and callus in healthy patients
- Verruca
- Bunions
- Fungal nail infections
- If you have received treatment from the Podiatry Service for the same problem in the last 6 months

Useful Information and advice

For useful information and advice which you may find beneficial in helping you to manage your foot condition and information about the Podiatry Service, please visit:

www.pat.nhs.uk/hmr-podiatry.htm

Making a referral

To make a referral, complete the attached referral form, detach and return in post to address:

HMR Podiatry Service,
Single Point of Access,
3rd Floor,
Nye Bevan House
Maclure Road,
Rochdale,
OL11 1DN

Or you can refer yourself online at:

<https://podiatrydirect.northernalliance.nhs.uk/>

How to book an appointment

Please contact the service five working days after you send the form back to allow time for us to process your referral.

Not all patients will require an appointment, you may be sent a specific leaflet for self-care, or directed to the departments website.

If you are registered with a Heywood, Middleton or Rochdale GP please telephone **01706 603 500** to make your appointment.

Podiatry direct self-referral form

Please complete this form in block capitals using black ink.

Date: NHS number:

Surname: Forename:

Male: Female: Transgender: Prefer not to say:

Date of birth: Ethnicity:

Address:

Postcode:

GP Name:

GP Practice:

Your contact number:

Home: Work:

Mobile:

If patient is under 16 years of age please complete details of Parent/Guardian below:

Name:

Relationship:

Address if different to above:

Do you require an interpreter? Yes No

If so which language?

About your problem

Do you have or have you ever had a history of:

Please tick all that apply:

Diabetes Stroke Loss of feeling in feet Poor circulation Cancer

Leg/foot amputation Immune system disorder Rheumatoid arthritis

Medication:

Do you take any prescription medication? Yes No

If so, please list:

Which of the following foot problems affects you at present?

Please tick the relevant responses:

Foot infection Foot Ulcer

Corns and/or Callus Dry cracked skin

Previous foot surgery Heel pain

Achilles/Ankle pain Painful flat feet

Toe Nail problem Other- Please specify

What part of the foot is affected? Please give a brief description:

How long have you had this problem?

Have you had NHS Podiatry treatment for this problem in the past? If so when?

If the problem is getting worse? Yes No

Do you weigh more than 25 stone/ 350lb /158.75 kilos? Yes No

(If you have answered yes, your appointment may need to be accommodated at a specific treatment location)

Do you consent to us asking your GP for more information?

Yes No

Contact us

For information about our Podiatry service, please contact us on the following details:

HMR Podiatry Service,
Single Point of Access,
3rd Floor,
Nye Bevan House,
Maclure Road,
Rochdale,
OL11 1DN

Telephone: 01706 603 500

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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