

# Family Action Hackney Services



Building stronger families

## Social Prescribing

3-6 sessions of support to help people access activities and services in their local area

- Clients aged 18+
- Socially Isolated
- Frequent attender to GP
- Presenting with a social problem
- Mild to moderate mental health need
- Keen to take part in non-clinical activities but not aware of what's happening locally
- Health wise referral requested

If you have any queries regarding your referral please contact service coordinators:

Social Prescribing Coordinator: Gulden Sural- [gulden.sural@family-action.org.uk](mailto:gulden.sural@family-action.org.uk)

## A+E Well Family

6-8 sessions of supported counselling and practice support/advice.

### Referral criteria

- Clients aged 16+
- Frequent HOMERTON A&E attenders and (or) attended in the past 6 months and concerned.
- Parents who are frequently attending A&E with their children.
- Clients experiencing low to moderate mental health issues.
- Clients experiencing psychosocial difficulties.
- Those who require information or guidance on local community services or practical support such as form filling

A&E WellFamily and WellFamily Plus coordinator: Melissa Agius  
[melissa.agius@family-action.org.uk](mailto:melissa.agius@family-action.org.uk)

## Well Family +

6-8 sessions of supported counselling and practice support/advice .

- Clients aged 16+
- Experiencing low to moderate mental health issues.
- Experiencing psychosocial difficulties such as financial hardship, relationship breakdowns, housing issues, and bereavement.
- Those who require information or guidance on local community services or practical support such as form filling.

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