

# Your PCN Team

Our community's needs are greater than ever before. We are impacted more and more by complex, long term conditions. Longstanding unmet health needs and the social determinants of health are playing a bigger role and these new challenges are increasing the pressure on the system to deliver. We intend to move from just treating those who are unwell to preventing ill health and tackling health inequalities. Therefore, your Primary Care Network (PCN) introduces you to the new members of our team who may be better suited to help you.

## First Contact Practitioner



Supports you to have faster access to expert assessment, advice and treatment for muscle and joint pains, along with referral for imaging/physiotherapy

## Practice Pharmacist

Supports you to have appropriate and thorough medication reviews and long term condition management



## Social Prescriber



Able to introduce you to a range of local, non-clinical services to support your health and wellbeing. Such as walking groups, gardening groups, immigration support

## Health and Wellbeing Coach

Supports you to gain the knowledge, skills and confidence to become an active participant in your own care in order to reach self-identified health goals



## Vocational Occupational Therapist (OT)



Able to help someone with a health problem to stay at, return to and remain in work. They can provide you with a thorough assessment that you can provide to your employer.

## Mental Health Practitioner

Able to support you in times of challenge by providing short term interventions. Can offer social and psychological support along with liaison with you doctor if needed.



## Physicians Associate (PA)



Able to offer expert assessment and treatment like a Doctor or Advanced Nurse Practitioner (ANP).