

# Cancer Screening

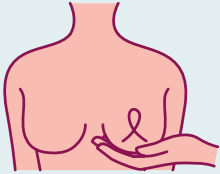
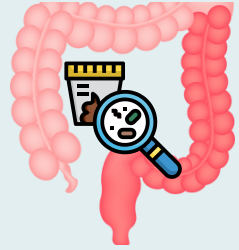
The UK has 3 Cancer Screening Programmes

## Bowel Cancer Screening

**Who** - Everyone aged 60-74 (slowly being extended to those aged 50-59)

**When** - Every 2 years, you will get the result in the post

**What** - Bowel screening kit through the post (ensure we have your correct address) – you collect a small sample of your poo and post it back



## Breast Cancer Screening

**Who** - Women aged 50-70, also for some trans or non-binary people

**When** – Every 3 years you will be sent a letter invite to attend a screening centre, you will get the result in the post

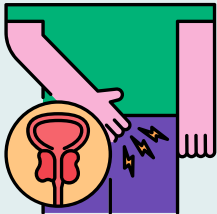
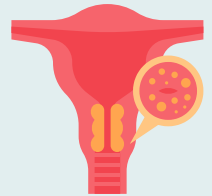
**What** – Mammogram (x-ray of your breasts)

## Cervical Cancer Screening

**Who** - Women aged 25-64, also for some trans or non-binary people

**When** - Every 3 years for 25-49. Every 5 years 50-64, you will be reminded by post, you will get the result in the post

**What** - A smear test where we gently brush cells from the cervix. You should book for this at the GP surgery



## Prostate Cancer

There is no screening programme for prostate cancer but you can speak to us about having a PSA blood test to help check for this if:

- you are aged 50 or older
- you are aged over 45 and have a family history of prostate cancer
- black men aged over 45

Please ask us if you would like more information about cancer screening or you can find more information here

<https://www.cancerresearchuk.org/about-cancer/screening>