

Patient Guide to Physiotherapy referrals

What should I do if my GP gives me a self-referral form?

- If your GP asks you to complete a self-referral form, you will need to complete **all** sections of the form.
- Ensure your form is completed in full. An incomplete referral form will be returned to you delaying your treatment.
- You will be required to submit your form to the MSK Newham SPA, you have 3 options of doing this;
 1. Hand deliver your form to reception and place form into **physiotherapy referral box** at East Ham Care Centre, Shrewsbury Road, Forest Gate, London E7 8QP
 2. Post the form to MSK Newham, East Ham Care Centre, Shrewsbury Road, Forest Gate, London E7 8QP
 3. Email to: MSKservicesnewham@nhs.net
- **If you do not attend your appointment you will be automatically discharged as not requiring the service and will need to submit another referral form if you decide you still require physiotherapy services**

Service provided by

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