

## What our mentees say...

*"During my time being mentored, I've really appreciated having a listening ear, so I can voice my concerns and worries."*

*"My mentor has been really supportive of my goals and aspirations and has helped me in the pursuit of my education and career as I work around my Sickle Cell."*



*"My mentor helped me set targets for myself to reduce pain and stress and to help me improve mentally and physically."*

*"I am gaining more confidence within myself as I begin to understand how to cope in life with sickle cell."*

## If you would like a mentor.....

If you're aged between 10 and 24, have sickle cell disorder and live in London, you can refer yourself, or a parent can do it for you.

Scan the QR code, or use the email address below to contact us.

## If you are a healthcare professional....

You can refer a patient to the service using the QR code or email address below.



### E-mail

[mentors@sicklecellsociety.org](mailto:mentors@sicklecellsociety.org)

### Website

[www.sicklecellsociety.org](http://www.sicklecellsociety.org)

Charity no. 1046631



**SICKLE  
CELL  
SOCIETY**



# Mentoring for children & young people

## Connect one-to-one with a peer mentor

The programme allows children and young people to meet with a 'peer' or other young person, who like them live with sickle cell and are also trained in mentoring.

Would you benefit from the help and support of a peer mentor?



Enjoy 1-2-1 and group activities with other children and young people living with Sickle Cell.

## Peer Mentoring in Sickle Cell

The mentoring scheme is delivered by The Sickle Cell Society, and supports and educates children & young people living with sickle cell.

Peer mentoring in sickle cell aims to:

- Improve a young person's knowledge and understanding of sickle cell.
- Improve emotional and social well-being.
- Provide a network of support.
- Assist with transition from paediatric to adult services
- Support with navigating school, college, university, employment and more.



## Our mentoring programme

**The Sickle Cell Children and Young People Mentoring Programme** has been developed for children and young people between the ages of 10 and 24, living with sickle cell in London.

Speak to the team about referrals

[Mentors@sicklecellsociety.org](mailto:Mentors@sicklecellsociety.org)