



Redbridge Carers Emergency Alert Card

If you care for someone who has a disability or illness or is frail and needs support, carrying the Carers Emergency Alert Card can help to give you peace of mind in the event of an emergency.



Front of card

Carers need to be registered on the Emergency Scheme to receive an Emergency Alert Card (shown above), as well as support through the Scheme in an emergency if necessary.

Please see overleaf for details of how to register.

Redbridge Carers Emergency Alert Card

What is the Carers Emergency Alert Card?

The Carers Emergency Alert Card is part of the Redbridge Carers Emergency Scheme. It is the size of a credit card and has the carer's reference number and Lifeline's 24 hour contact number on the back. The card should be carried where it can be easily found in an emergency, for example by the emergency services. This will alert the person who finds the card that you care for someone who depends on you.

Anyone 16 and over caring for an adult (18 and over) who lives in Redbridge and has a disability, illness or is frail and needs support can apply for an Emergency Alert Card.

How does the Carers Emergency Scheme Work?

The Carers Emergency Scheme gives peace of mind to carers in knowing that there will be alternative support provided to the person they care for in the event of the carer having a sudden or unplanned emergency, such as family crisis, accident or hospital admission.

Carers registering to join the Scheme will need to provide information about the person they care for, including details of any medication they take. They also need to nominate two people who agree to be contacted by Redbridge Lifeline in the event of an emergency, to provide support to the cared for person in the carer's absence. If the nominated person(s) cannot be reached at the time of an emergency, Lifeline will arrange alternative support to the cared for person in their own home for a short period until longer term arrangements can be made.

How do I apply for an Emergency Alert Card?

To apply for an Emergency Alert Card or for further information about the Carers Emergency Scheme, speak to your Social Worker/Care Co-ordinator or telephone 020 8708 7333 to request a Registration form.

Alternatively, you can go to the Redbridge MyLife website, at **mylife.redbridge.gov.uk** to download a form.

You can also contact Redbridge Carers Support Service on **020 8514 6251** or email at **office@rcss.org.uk**. For further information and support visit **www.rcss.org.uk**.