



### **COVID-19: TRAFFIC LIGHT COUNTRIES**

From today, May 17th 2021, countries with which can be and can not be visited are now separated into 3 categories. All countries included in the traffic light system are based on a range of COVID-19 health metrics, infection rates and vaccination numbers. Variants of COVID-19 will also be factored into the traffic light system.

Every country has a different travel policy in place, and therefore it will depend on what their policy is on international travel. It is worth noting that some countries may be on the England list, but the country may ban international travel arriving and may have additional testing and quarantine requirements. The current traffic light system is just in place for England at the moment.

#### **RED LISTED COUNTRIES**

- Before you travel to England, you must;
- Complete a passenger locator form
- Take a Covid test to be taken at least 72 hours before you are returning to the UK
- When returning to the UK – 10-day quarantine in a managed hotel at £1,750 per person
- Ten-day of quarantine when you arrive home (must be booked in advance)
- A PCR test required – on day 2 & 8 of quarantine (included with hotel stay)

If you have been in a country or territory on the red list in the last 10 days you will only be allowed to enter the UK if you are a British or Irish National, or you have residence rights in the UK.

#### **AMBER LISTED COUNTRIES**

- Complete a passenger locator form
- One test to be taken at least 72 hours before you are returning to the UK
- Ten-day of quarantine when you arrive home
- A PCR test required- on day 2 & 8 of quarantine (option for Test to Release on day 5 to end self-isolation early)

You may be able to end quarantine early if you pay for a private COVID-19 test through the 'Test to Release' scheme

#### **GREEN LISTED COUNTRIES**

- Complete a passenger locator form
- One test to be taken at least 72 hours before you are returning to the UK
- A PCR test required – on or before day two of arriving home
- Only quarantine if you test positive

If you have also been in or through a country or territory on the red list in the 10 days before you arrive in England, you must follow the red list rules.

If you have also been in or through a country or territory on the amber list in the 10 days before you arrive in England, and have not visited a country on the red list, you must follow the amber list rules.

If conditions change in a country or territory, it can be moved from the green list to the amber or red list. If there is a sudden change in conditions, a country or territory may be moved between lists without warning.

### **PROOF OF VACCINATION STATUS FOR TRAVEL**

“The surgery is unable to issue a letter or certificate confirming your vaccination status for overseas travel. Please see Government guidance for further information. Proof of your vaccination status is visible within the NHSapp, which is available for Apple and Android devices.

Alternatively, you can call the NHS Covid-19 helpline on 119 and ask for a letter to be posted to you. This must be at least five days after you have completed your course of the vaccine, the letter may take up to seven days to reach you.

Please check Foreign Office and local travel advice for specific details of whether proof of vaccination status is accepted at your destination. The majority of countries, including the UK, still require arrivals to participate in a Covid-19 testing, isolation and/or quarantine regime, regardless of their vaccination status.”

For more information about the countries listed in all red, amber and green countries visit;

<https://www.gov.uk/guidance/red-amber-and-green-list-rules-for-entering-england#amber-list>

