



Sometimes we just need someone to chat to

SafetyNet supports isolated disabled people and those with long term illness across Kent and Medway. Our FREE telephone befriending service is unique, we don't have a minimum age limit, we offer calls to all adults (18+ years).

Our friendly volunteers provide the disabled community with an opportunity to develop a social connection through regular scheduled telephone calls to check on their welfare, helping them find and connect with sources of support for essential things like food, safety and health with assistance and guidance from the CiLK Information Officers.

All our volunteers have received training including awareness of Safeguarding and Suicide Prevention and have all cleared a Basic DBS check.

Centre for Independent Living Kent (CiLK)

SafetyNet is run by CiLK, a registered Kent charity that supports people across Kent and Medway living with disabilities and long-term health.

www.CiLK.org.uk

For more info, call Lizell and the SafetyNet Team on 07394 490505 or email safetynet@cilk.org.uk

This service is FREE because of all these generous funders:

