

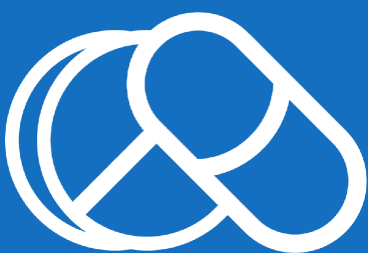


Easy
Read



Inviting you to your medication review

Making sure you are taking the
right medicines



NIHR | Yorkshire and Humber Patient
Safety Research Collaboration

Health
Innovation
Network



Easy Read



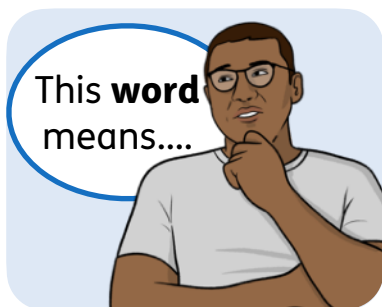
This is an Easy Read version of some information. It may not include all of the information but it will tell you about the important parts.



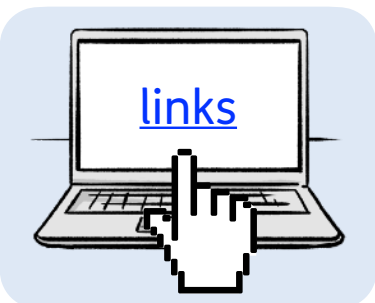
This Easy Read booklet uses easier words and pictures. Some people may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker. These are important words in the booklet.



Sometimes if a bold word is hard to understand, we will explain what it means.



[Blue and underlined](#) words show links to websites and email addresses. You can click on these links on a computer.

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You can listen to an audio recording of this booklet by scanning this QR code with your phone or tablet.

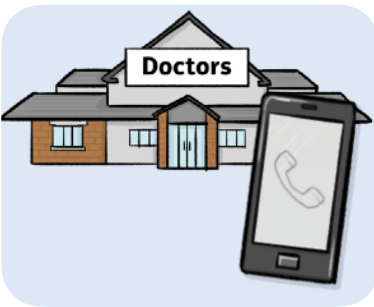
About this booklet

Medication review



Your doctor's (GP) surgery is inviting you to a **medication review**.

A **medication review** is where your health professional talks with you about how you are finding your medicines.



Your medication review will happen on the phone or at your doctor's (GP) surgery.



At your medication review, you will speak to your doctor or a **pharmacist**.

A **pharmacist** is a health professional who can help you with your medicines.



We will contact you to arrange a time for you to have your medication review.



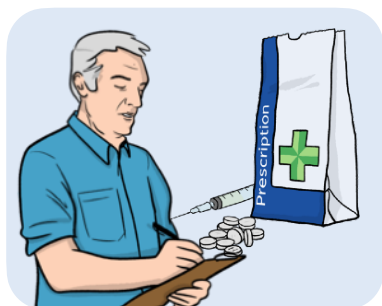
Please read this information to find out what will happen at your medication review.

At your medication review

At your medication review, your doctor or pharmacist will:



- Explain why you need your medicines.



- Check if your medicines are working.



- Ask questions to see if your medicines are causing any problems like making you feel sick, dizzy or giving you headaches.

These are called **side effects**.



- Check if you need to change your medicines.



- Answer your questions about the medicines you take.

Your doctor or pharmacist will use your medication review to:



- Make sure you get the right medicines.



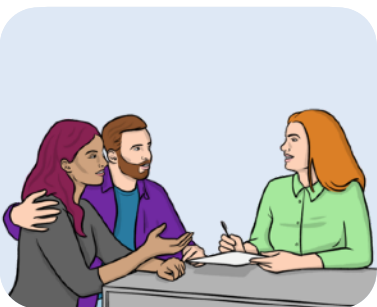
- Ask you if you have stopped taking any of your medicines and why.



They will **not** use your medication review to find cheaper medicines for you to take - unless you both agree that this is the right decision for you.



Your doctor or pharmacist will always talk to you before changing your medicines.



If someone helps you with your medicines, please bring them to your medication review.

Asking questions



You can talk to your doctor or pharmacist about any worries you have about your medicines.

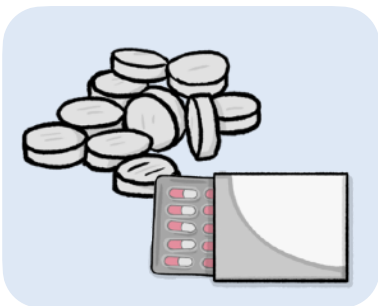
You may want to ask some questions at your medication review like:



- Why am I taking these medicines?

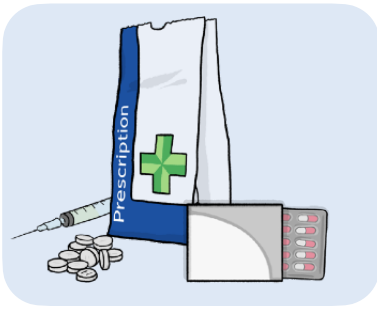


- How do I know if my medicines are making me better?

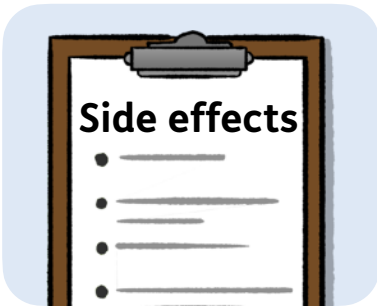


- Do I still need all my medicines?

You may also want to ask your doctor or pharmacist questions like:



- Why do I need to take so many medicines?

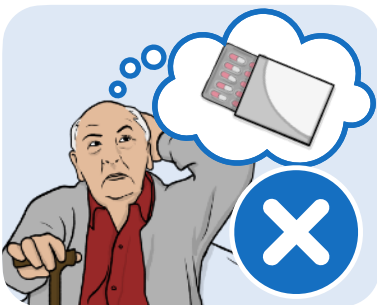


- What side effects do my medicines have?

You may also want to tell your doctor or pharmacist if you:



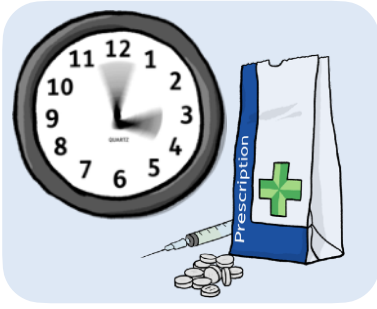
- Find it difficult to open your medicines.



- Find it difficult to remember to take your medicines.



- Find it difficult to swallow your pills.



You may also want to tell your doctor or pharmacist if you take lots of different medicines and run out of them at different times.



You can visit your local pharmacy to get advice about your medicines at any time.

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