

Dysart Surgery Newsletter

AUTUMN 2018

PATIENT PARTICIPATION GROUP - OPEN EVENING

At Dysart Surgery Tuesday 9th October from 19.00-20.00

The PPG would like to invite you to an open evening on Tuesday 9th October from 19.00-20.00. We will have presentations from Mary Rogan discussing "Bromley Well" and from Sarah Murphy and Caroline Kowal-Lucci describing their role as "Care Navigators" at Dysart Surgery.

Seating is limited to 30 patients (registered with Dysart Surgery). This will be of a first come first serve basis. If you would like to come along please email dysartppg@gmail.com with your contact details.

CONTACT DETAILS

Telephone: 0208 464 4138 Fax: 0208 464 9248

Out of hours: 111

Email: brocg.dysartreception@nhs.net

We are now booking flu vaccinations for this September.

OPENING HOURS

Weekday opening hours: 08:00 - 18.30

Extended Hours: for booked appointments only

Monday: 07:00 to 08.00 Wednesday: 06.45 to 07.45 Saturday: 08.45 to 11.45

If you need medical help fast, but it is not life-threatening, you can call NHS 111 for assessment, advice and where necessary, to be booked into services for treatment.

If you need an urgent GP appointment you might be able to be booked into an appointment at one of Bromley's primary care access hubs. The nearest hub to Dysart is Crown Medical Centre, 3 Mackintosh Street, Bromley BR2 9GT. Hub appointments are available for same day GP appointments during the week and can also be booked in advance for Saturday and Sunday appointments.

Dysart's receptionists can book you in person or over the telephone.

DYSART PARTICIPATION GROUP (PPG)

If you are interested in joining the PPG please ask at reception or download a PPG leaflet from the link:

PPG Leaflet

NEW SERVICE - Care Navigators

Sarah Murphy and Caroline Kowal-Lucci are the Care Navigators at Dysart Surgery. Sarah and Caroline can offer 1:1 clinics at Dysart Monday to Friday during surgery hours. You can make an appointment or your GP may send you along to speak with Sarah or Caroline.

They can help you have a better understanding of available services and resources, they can also help refer you to these services; local activities, community groups, or even signpost you to financial support and debt advice.

Here are some tips for getting the most from your appointment with your GP

- Come with a clear idea of the main problem you want to discuss
- In ten minutes you can discuss one or two problems. Please make another appointment if you have more problems to discuss
- Be prepared to see a nurse or a doctor in training
- If you need to be examined make sure you are wearing clothes that can easily be removed where necessary
- Make a note of any important advice

Consult your pharmacist if you have questions about your prescription.

Please cancel if you cannot attend your appointment.