



# Dysart Surgery Newsletter

SPRING 2018

## PATIENT PARTICIPATION GROUP OPEN EVENING

At Dysart Surgery 13th March 2018 18:30 – 19:45 Light refreshments (from 18:30 – 18:45)

Followed by three short presentations by Dr de Cothi, Dr Ryba and Dr Hoare

- Over the counter medicines
- General Practice
- Update on the surgery building

As seating is limited only 30 patients (registered with Dysart Surgery) can be accommodated, this will be on a first come first serve basis. If you would like to come along please email [dysartppg@gmail.com](mailto:dysartppg@gmail.com) with your contact details.

## OPENING HOURS

Weekdays opening hours: 8:00 – 18.30

(Wednesday 7:00 – 20.00)

Extended Hours: only for booked appointments

Saturday: 9:00 – 12.00

If you need medical help fast, but it is not life-threatening, you can call **NHS 111** for assessment, advice and where necessary, to be booked into services for treatment.

If you need an urgent GP appointment when Dysart's appointments are fully booked, you might be able to be booked into an urgent appointment at one of Bromley's primary care access hubs. The nearest hub to Dysart is **Crown Medical Centre, 3 Mackintosh Street, Bromley BR2 9GT**. Hub appointments are available for same day GP appointments during the week and can also be booked in advance for Saturday and Sunday appointments.

Dysart's receptionists can book you in person or over the telephone.

## DYSART PARTICIPATION GROUP (PPG)

If you are interested in joining the PPG please ask at Reception or download a PPG leaflet at the link below:

[PPG Leaflet](#)

## CONTACT DETAILS

Telephone: 0208 464 4138

Fax: 0208 464 9248

Out of hours: 111

Email: [brocg.dysartreception@nhs.net](mailto:brocg.dysartreception@nhs.net)

## DID YOU KNOW

That you can self refer to:

- Antenatal services at the surgery
- Bromley Working for Wellbeing
- Adolescent Eating Disorders
- Dementia Hub

Find detailed information on the above via the Dysart Surgery website: <http://www.dysartsurgery.co.uk/>

## DATE FOR YOUR DIARY

19 April 2018

British Lung Foundation is setting up a "Breathe Easy Project" as part of this there will be a "Respiratory Information Event" in Orpington, Crofton Halls on.

For information contact:

[erica.radford@blf.org.uk](mailto:erica.radford@blf.org.uk)

## PRESCRIBING CHANGES

Over the Counter (OTC) Prescribing Changes. The following is from the Bromley Clinical Commissioning Groups webpages:

### Changes to prescribing in Bromley from 1 December 2017

The CCG's Governing Body met on 16 November 2017 and agreed to change prescribing guidelines for health supplements and selected self-care medicines for short term illnesses. This means that GP's will no longer routinely prescribe these medicines on NHS prescriptions. Over the counter medicines and on the sport expert advices from qualified pharmacists are widely available at pharmacies across Bromley.

We anticipate that these proposals will:

- Encourage more people to self-manage minor conditions.
- Free up doctor and nurses' time for those most in need.
- Enable the CCG to get the best value from the funding that is available for services in Bromley

For more detailed information and general advice please click the link below: [Be self-care aware Leaflet](#)